

INTENSIVE OUTPATIENT AND AFTERCARE TREATMENT



MONDAYS,
WEDNESDAYS,
& THURSDAYS

9AM - 12:15PM

WHAT TO EXPECT

The Intensive Outpatient Program (IOP) consists of 24 group counseling sessions, three times a week over the course of 8 weeks. Each group session is 3 hours long.

In addition to the group services provided, clients will also be expected to submit to regular, random drug testing to demonstrate program compliance and to provide personal accountability.

Individuals in the IOP program are also required to attend at least 3 recovery support group meetings weekly throughout the course of their IOP treatment.

Our Services

INDIVIDUAL COUNSELING

INDIVIDUALS ENGAGING IN INTENSIVE OUTPATIENT TREATMENT ARE PROVIDED AN OPPORTUNITY TO MEET ONE-ON-ONE WITH A TRAINED COUNSELOR TO ADDRESS THEIR INDIVIDUALIZED NEEDS WHILE ALSO PARTICIPATING IN THE GROUP PROCESS. THE FREQUENCY OF THESE SESSIONS WILL BE AGREED UPON BY YOU AND YOUR COUNSELOR.

GROUP COUNSELING

THE INTENSIVE OUTPATIENT PROGRAM IS PREDOMINANTLY CONDUCTED IN A GROUP COUNSELING FORMAT. SMALL GROUPS OF UP TO 12 PROVIDE AN OPPORTUNITY FOR CLIENTS TO LEARN FROM AND SUPPORT ONE ANOTHER IN THEIR RECOVERY JOURNEY.

ADDITIONAL SERVICES

IN ADDITION TO COUNSELING OPPORTUNITIES, INDIVIDUALS IN THE IOP PROGRAM MAY ALSO QUALIFY TO RECEIVE CASE MANAGEMENT OR MEDICATION MANAGEMENT SERVICES. IF YOU HAVE A NEED, PLEASE DISCUSS WITH YOUR ASSIGNED COUNSELOR.



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AFTERCARE

IOP IS BUT ONE PART OF THE PROCESS OF RECOVERY. IT IS RECOMMENDED THAT ONCE IOP IS COMPLETE, CLIENTS WILL STEP DOWN TO A LESS INTENSIVE AFTERCARE PROGRAM.

AFTERCARE CONSISTS OF ONCE WEEKLY GROUP COUNSELING SESSIONS, FOR 8 WEEKS. THESE GROUPS ARE MONDAYS 9 - 10:30AM.

THROUGHOUT THIS PROGRAM, CLIENTS WILL HAVE SUPPORT, GUIDANCE, AND ACCOUNTABILITY WHICH PROVIDES A STRONG FOUNDATION FOR THE ROAD TO RECOVERY!

**WE ARE A AGENCY
SPECIALIZING IN THE
TREATMENT OF DRUG
AND ALCOHOL AND
MENTAL HEALTH
DISORDERS.**

RECOVERY FROM ADDICTION
REQUIRES, DETERMINATION,
DEDICATION AND SUPPORT.

THE COMPASS INTENSIVE
OUTPATIENT PROGRAM IS
COMMITTED TO PROVIDING
SUPPORT, AND GUIDANCE TO
INDIVIDUALS LOOKING TO BE
FREE FROM THE CYCLE OF
ADDICTION.

*TO START SERVICES, CONTACT:
COMPASS HIGH STREET OFFICES
330.394.9090*

*IT WORKS
IF YOU
WORK IT!!*

*KEEP COMING
BACK!!*

ABOUT THE FACILITATOR

KYLE A METZGER, LPC, LICDC

KYLE IS THE PRIMARY CLINICIAN FOR THE IOP PROGRAM AT COMPASS. HE IS DUALY LICENSED IN BOTH MENTAL HEALTH AND DRUG AND ALCOHOL TREATMENT, AND SPECIALIZES IN WORKING WITH DUAL-DIAGNOSIS INDIVIDUALS. HE IS ALSO AN EMDR TRAINED THERAPIST AND SPECIALIZES IN TREATING TRAUMA AND PTSD. HE HAS WORKED IN BOTH RESIDENTIAL AND OUTPATIENT DRUG TREATMENT PROGRAMS SINCE 2019.

COMPASS
Family and Community Services

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